



THANKSGIVING IS A SUPERPOWER

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MULTIMEDIA ASSEMBLY:

This dynamic presentation takes students back to the founding of America and showcases a history of thankfulness. There is a reason a national holiday was created for this day. We thrive when we show gratefulness to others. Recent research shows that gratitude at its most basic level makes us stronger, healthier and happier. Newer findings reveal that there are even more empowering ways to be grateful. In this assembly, we'll review the great lessons to be learned from the Pilgrims and the first two thanksgiving proclamations in America, signed by George Washington and Abraham Lincoln respectively. Many feel that this is the most powerful of the happiness superpowers.

WHY NOW?

- Our epidemic of depression has been particularly devastating to our kids. Our goal is to increase the level of positivity at your school. This is a great way to ensure that your kids are empowered with the most uplifting happiness strategies that have been discovered in the field of positive psychology.
- Although this is ideally a great program to run in the fall, around the Thanksgiving holiday, this assembly works at any time. Gratitude and Thankfulness are empowering attitudes that work year-round!

TESTIMONIALS

- *Dr. Howell showed the scientific research of the connection between having a grateful attitude and our mental health, and our general health overall. It was a wonderful age-appropriate demonstration that included humor and facts, and I recommend it for all schools - private and public!* - Sally Kaiser, Emporia Christian School Principal

GET DUSTI ON YOUR CALENDAR NOW!

- Dusti Howell, Ph.D. brings a world of experience and research to schools and conferences in the form of edutainment at its best. His motivational talks are spiced with inspiration and humor. His EXUBERANCE and ENERGY get people focused on what they can do now. His engaging stories and creative visuals serve to enhance the message and reinforce those call-to-action elements that serve to be life-changing.